

S	O	B	E	R
steroids	Celebrated a recovery milestone/anniv within the past week	addiction	pain pills	heroin
Meditation	self-help support group	memory loss	Has a sponsor	money problems
resentments	Has fewer than 90 days clean/sober	FREE	marijuana	co-occurring disorder
family	positive coping strategies	has finished step thre	meth	relapserelationships
better communication	affirmations	inhalants	Has finished Step Nine	High risk situation

S	O	B	E	R
marijuana	heroin	Has fewer than 90 days clean/sober	resentments	Has finished Step Nine
pain pills	co-occurring disorder	family	self-help support group	Has a sponsor
treatment	inhalants	FREE	Meditation	addiction
meth	money problems	memory loss	positive coping strategies	High risk situation
Celebrated a recovery milestone/anniv within the past week	steroids	trigger	NNAMHS	affirmations

S	O	B	E	R
marijuana	Meditation	meth	NNAMHS	Has a sponsor
Celebrated a recovery milestone/anniv within the past week	trigger	treatment	High risk situation	self-help support group
Mental Health Court	positive coping strategies	FREE	has finished step three	money problems
inhalants	family	co-occurring disorder	Has fewer than 90 days clean/sober	relapse relationships
Has finished Step Nine	resentments	heroin	addiction	memory loss