

Thoughtful	Acceptance	Communication	Positive Self-esteem	Giving & Receiving
Boundaries	Support	Honesty	Active Listening	Shared Decision making
Trust	Appreciation	FREE	Equality	Fight Fair
Share Feelings	Forgiveness	Patience	Effort	Good Communication
Balance	Respect	Co-operation	Understanding	Commitment

Trust	Understanding	Active Listening	Forgiveness	Boundaries
Positive Self-esteem	Fight Fair	Communication	Good Communication	Appreciation
Equality	Acceptance	FREE	Effort	Patience
Commitment	Thoughtful	Co-operation	Share Feelings	Balance
Giving & Receiving	Encouragement	Shared Decision making	Honesty	Support

Share Feelings	Effort	Trust	Commitment	Positive Self-esteem
Respect	Shared Decision making	Understanding	Forgiveness	Appreciation
Patience	Active Listening	FREE	Equality	Communication
Encouragement	Giving & Receiving	Balance	Acceptance	Thoughtful
Support	Honesty	Fight Fair	Good Communication	Co-operation