

B	I	N	G	O
Understand the situation	Are you being fair?	Don't make things worse!	Talking can lead to a solution	Remember who can help you in school or the cottage
Don't gang up with others	Try to think of a solution together	See the other persons point of view	Ask for someone else to help	Take time to calm down
Try seeing the good in people	Work Together	FREE	Be honest	No screaming or kicking or fighting
No telling of secrets	Treat people fairly	Perhaps share progress with someone else	No insults	Say how you feel
Listen to the other person	Don't blame anyone	Stick to the agreement	Work out what each of you will do	Don't interrupt

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Don't make things worse!	Work out what each of you will do	Remember who can help you in school or the cottage	Don't blame anyone	Take time to calm down
No telling of secrets	Be honest	FREE	No screaming or kicking or fighting	Are you being fair?
No insults	Stick to the agreement	Understand the situation	Don't interrupt	Treat people fairly
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