

B	I	N	G	O
Work out what each of you will do	Agree to disagree and make a decision	Don't blame anyone	Treat people fairly	Remember who can help you in crisis
Choose compassion	Understand the situation	Stick to the agreement	Are you being fair?	Try to understand what the other person is feeling
Ask for someone else to help	Listen to the other person	FREE	No fighting/violence	Try to think of a solution together
No insults	Talking can lead to a solution	Don't make things worse!	Say how you feel	Don't interrupt
Avoid attacking the other persons character	Be honest	See the other persons point of view	Create a good friendship	Take time to calm down

B	I	N	G	O
practice self-control	Try seeing the good in people	Talking can lead to a solution	Stick to the agreement	Try to think of a solution together
Avoid attacking the other persons character	Be honest	Take time to calm down	Say how you feel	Choose compassion
See the other persons point of view	Are you being fair?	FREE	Listen to the other person	Agree to disagree and make a decision
Remember who can help you in crisis	Work out what each of you will do	reject the bait	Create a good friendship	Ask for someone else to help
Treat people fairly	Diffuse the situation by not taking it too seriously	No fighting/violence	Don't blame anyone	Don't make things worse!

B	I	N	G	O
See the other persons point of view	Choose compassion	Talking can lead to a solution	Take time to calm down	Diffuse the situation by not taking it too seriously
Are you being fair?	reject the bait	Don't blame anyone	practice self-control	Work Together
Create a good friendship	Try to think of a solution together	FREE	No insults	Treat people fairly
Agree to disagree and make a decision	Be honest	Say how you feel	No fighting/violence	Increase Decision making skills
Work out what each of you will do	Ask for someone else to help	Try to understand what the other person is feeling	Avoid attacking the other persons character	Understand the situation