

B	I	N	G	O
Stroke	911	Doctor Appointments	Pain	Medication
Bathing	Shortness of Breath	Memory	Activities of Daily Living	Schedule/Alarms
Tremors	Arthritis	FREE	Fever/Chills	High Blood Pressure
Pursed Lip Breathing	Lifeline	Numb/Tingling	Eating	Medication Safety
Balance	Proper Footwear	Diabetes	Vision	Dizziness

B	I	N	G	O
Tremors	Vision	Activities of Daily Living	Lifeline	Bathing
Pain	High Blood Pressure	Doctor Appointments	Medication Safety	Arthritis
Fever/Chills	911	FREE	Eating	Numb/Tingling
Dizziness	Stroke	Diabetes	Pursed Lip Breathing	Balance
Medication	Exercise	Schedule/Alarms	Memory	Shortness of Breath

B	I	N	G	O
Pursed Lip Breathing	Eating	Tremors	Dizziness	Pain
Proper Footwear	Schedule/Alarms	Vision	Lifeline	Arthritis
Numb/Tingling	Activities of Daily Living	FREE	Fever/Chills	Doctor Appointments
Exercise	Medication	Balance	911	Stroke
Shortness of Breath	Memory	High Blood Pressure	Medication Safety	Diabetes