

S	O	B	E	R
Steroids	Addiction	Has a sponsor	Positive coping strategies	Meditation
Celebrated a recovery milestone/Anniv within the past week	Self-help support group	Meth	Affirmations	Pain pills
Resentments	Afraid to talk to counselors	FREE	Mental Health Court	Heroin
High risk situation	Relapse	Marijuana	Money problems	Relationships
Has finished Step Nine	Has fewer than 90 days clean/sober	Memory loss	Aftercare	Better communication

S	O	B	E	R
Mental Health Court	Meditation	Afraid to talk to counselors	Resentments	Aftercare
Positive coping strategies	Heroin	High risk situation	Self-help support group	Affirmations
Treatment	Memory loss	FREE	Celebrated a recovery milestone/Anniv within the past week	Has a sponsor
Money problems	Pain pills	Meth	Relapse	Better communication
Addiction	Steroids	Trigger	Family	Has fewer than 90 days clean/sober

S	O	B	E	R
Mental Health Court	Celebrated a recovery milestone/Anniv within the past week	Money problems	Family	Affirmations
Addiction	Trigger	Treatment	Better communication	Self-help support group
Co-occurring disorder	Relapse	FREE	Marijuana	Pain pills
Memory loss	High risk situation	Heroin	Afraid to talk to counselors	Relationships
Aftercare	Resentments	Meditation	Has a sponsor	Meth