

|                          |                                      |                          |                         |                                 |
|--------------------------|--------------------------------------|--------------------------|-------------------------|---------------------------------|
| <b>B</b>                 | <b>I</b>                             | <b>N</b>                 | <b>G</b>                | <b>O</b>                        |
| use<br>breath<br>mint    | towel/paper<br>towel to dry<br>hands | Clip<br>finger<br>nails  | Wear<br>deodorant       | Take<br>vitamins                |
| Clean<br>finger<br>nails | flossing                             | Wash<br>hands            | Blow<br>runny<br>nose   | Wear<br>clean<br>socks          |
| blow dry<br>hair         | use<br>lotion                        | <b>FREE</b>              | Brush<br>Hair           | Gargle<br>with<br>mouth<br>wash |
| Keep<br>hair tidy        | Wipe<br>front to<br>back             | Take a<br>bath           | Cover<br>your<br>sneeze | Wash<br>Hair                    |
| Cover<br>your<br>cough   | Bush<br>teeth                        | Wear<br>clean<br>clothes | use<br>sunscreen        | Clear<br>ears                   |

|                         |                          |                       |                                 |                                      |
|-------------------------|--------------------------|-----------------------|---------------------------------|--------------------------------------|
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| use<br>lotion           | Blow<br>runny<br>nose    | Wear<br>deodorant     | Clean<br>finger<br>nails        | Wash<br>hands                        |
| Clip<br>finger<br>nails | use<br>sunscreen         | Take<br>vitamins      | Bush<br>teeth                   | Wear<br>clean<br>socks               |
| Keep<br>hair tidy       | Brush<br>Hair            | <b>FREE</b>           | Gargle<br>with<br>mouth<br>wash | towel/paper<br>towel to dry<br>hands |
| Cover<br>your<br>sneeze | Wear<br>clean<br>clothes | use<br>breath<br>mint | Clear<br>ears                   | Wipe<br>front to<br>back             |
| Take a<br>bath          | Wash<br>Hair             | blow dry<br>hair      | flossing                        | Cover<br>your<br>cough               |

|                                 |                                      |                       |                          |                         |
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| Bush<br>teeth                   | Wear<br>clean<br>clothes             | Blow<br>runny<br>nose | Wash<br>Hair             | Brush<br>Hair           |
| use<br>breath<br>mint           | Keep<br>hair tidy                    | Take a<br>bath        | flossing                 | Take<br>vitamins        |
| blow dry<br>hair                | Clear<br>ears                        | <b>FREE</b>           | Wipe<br>front to<br>back | Cover<br>your<br>sneeze |
| use<br>lotion                   | Wear<br>clean<br>socks               | Wear<br>deodorant     | use<br>sunscreen         | Clip<br>finger<br>nails |
| Gargle<br>with<br>mouth<br>wash | towel/paper<br>towel to dry<br>hands | Wash<br>hands         | Clean<br>finger<br>nails | Cover<br>your<br>cough  |