

B	I	N	G	O
Understand the situation	Act maturely	Don't keep bringing it up	Talk it out calmly	No screaming or kicking or fighting
Don't gang up with others	Try to think of a solution	Say how you feel calmly	Ask for a break	Take time to calm down
Treat others fairly	Work Together	FREE	Be honest	Listen to an adult
Mind your own business	Think about your choices	No instigation	Ignore negativity	Remember to talk to an adult
Don't lose points	Don't blame anyone else	Stick to the agreement	Write or draw to calm down	Don't interrupt

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Work Together	Ask for a break	Talk it out calmly	Don't gang up with others	Say how you feel calmly
Don't keep bringing it up	Write or draw to calm down	No screaming or kicking or fighting	Don't blame anyone else	Take time to calm down
Mind your own business	Be honest	FREE	Listen to an adult	Act maturely
Ignore negativity	Stick to the agreement	Understand the situation	Don't interrupt	Think about your choices
No instigation	Remember to talk to an adult	Treat others fairly	Try to think of a solution	Don't lose points

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Don't blame anyone else	Stick to the agreement	Ask for a break	Remember to talk to an adult	Be honest
Understand the situation	Mind your own business	No instigation	Try to think of a solution	No screaming or kicking or fighting
Treat others fairly	Don't interrupt	FREE	Think about your choices	Ignore negativity
Work Together	Take time to calm down	Talk it out calmly	Write or draw to calm down	Don't keep bringing it up
Listen to an adult	Act maturely	Say how you feel calmly	Don't gang up with others	Don't lose points