

S	O	B	E	R
ncadd	4day	2day	Has finished Step Nine	Steroids
NNAMHS	Family	discharge	Relapse	Addiction
Self-help support group	counselor	FREE	stars	Affirmations
Meditation	Co-occurring disorder	Mental Health Court	Trigger	Meth
Resentments	bluecard	Inhalants	High risk situation	Pain pills

S	O	B	E	R
Mental Health Court	High risk situation	Better communication	Celebrated a recovery milestone/Anniv within the past week	Positive coping strategies
NNAMHS	Money problems	Affirmations	counselor	Steroids
Meditation	Memory loss	FREE	discharge	Addiction
stars	4day	Family	Heroin	Relationships
Treatment	Self-help support group	Relapse	Trigger	Co-occurring disorder

S	O	B	E	R
Resentments	NNAMHS	Family	Pain pills	4day
Meditation	2day	Money problems	Positive coping strategies	ncadd
Better communication	treatment plan	FREE	support	Has a sponsor
Affirmations	Steroids	Relapse	Has fewer than 90 days clean/sober	stars
Co-occurring disorder	Addiction	Self-help support group	Memory loss	Has finished Step Nine