

B	I	N	G	O
video games	bubble bath	getting good sleep	relaxation	meditation
exercise	talking with friends	prayer	camping	taking a shower
watching tv/movie	cooking	FREE	playing with pet	going to church
eating healthy	helping out others	shopping	listening to music	reading a book
spending time with family	going to a concert	going for a drive	mindfulness	deep breathing

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playing with pet	meditation	cooking	taking a shower	deep breathing
shopping	going to church	helping out others	talking with friends	camping
watching tv/movie	relaxation	FREE	mindfulness	exercise
getting good sleep	prayer	spending time with family	eating healthy	reading a book
bubble bath	video games	yoga	fishing	going for a drive

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playing with pet	exercise	reading a book	fishing	camping
bubble bath	yoga	getting good sleep	watching tv/movie	eating healthy
talking with friends	spending time with family	FREE	listening to music	relaxation
deep breathing	mindfulness	helping out others	going to church	cooking
taking a shower	meditation	going for a drive	prayer	video games