

S	O	B	E	R
Self-help support group	AA Meetings	Family	Positive coping strategies	Meditation
Celebrated a recovery milestone/Anniv within the past week	Resentments	Mental Health Court	Addiction	NA Meetings
Relationships	Treatment	FREE	Affirmations	Has finished Step Nine
High risk situation	Relapse	Love	Has fewer than 90 days clean/sober	Memory loss
Has a sponsor	Better communication	Money problems	Trigger	Co-occurring disorder

S	O	B	E	R
Treatment	Addiction	Positive coping strategies	Celebrated a recovery milestone/Anniv within the past week	Mental Health Court
Family	Trigger	Meditation	Better communication	NA Meetings
High risk situation	Affirmations	FREE	Has finished Step Nine	AA Meetings
Has fewer than 90 days clean/sober	Money problems	Self-help support group	Co-occurring disorder	Relapse
Love	Memory loss	Relationships	Resentments	Has a sponsor

S	O	B	E	R
Better communication	Money problems	Addiction	Memory loss	Affirmations
Self-help support group	High risk situation	Love	Resentments	Meditation
Relationships	Co-occurring disorder	FREE	Relapse	Has fewer than 90 days clean/sober
Treatment	NA Meetings	Positive coping strategies	Trigger	Family
Has finished Step Nine	AA Meetings	Mental Health Court	Celebrated a recovery milestone/Anniv within the past week	Has a sponsor