

B	I	N	G	O
Strain	120/80	Anterior Talofibular Ligament	Hinge Joint	Diagnosis
ATC	Prevention	HOPS	3 Hamstring Muscles	Jumper's Knee
4 Quadriceps Muscles	Concussion	FREE	Crepitus	Jones Fracture
Degrees of Strains	Hemorrhage	Boutonneire Deformity Carpal Tunnel Syndrome Chondromalacia	Edema	Appendicitis
4 Rotator Cuff Muscles	5 Phases of Throwing	Emergency Activation Steps Etiology	Abduction	Hematoma

B	I	N	G	O
Sudden Death Syndrome	Inversion	Hemorrhage	HOPS	Jones Fracture
4 Rotator Cuff Muscles	5 Phases of Throwing	Hematoma	Edema	ATC
Emergency Activation Steps Etiology	3 Hamstring Muscles	FREE	Concussion	120/80
Diagnosis	Strain	team Physician	Abduction	4 Quadriceps Muscles
Hinge Joint	Acute	Crepitus	Anterior Talofibular Ligament	Boutonneire Deformity Carpal Tunnel Syndrome Chondromalacia

B	I	N	G	O
Emergency Activation Steps Etiology	ATC	Hemorrhage	Hematoma	Acute
3 Hamstring Muscles	team Physician	Anterior Talofibular Ligament	Sudden Death Syndrome	Repeated Contusions Sprain
Abduction	Jones Fracture	FREE	Degrees of Strains	Hinge Joint
120/80	5 Phases of Throwing	Edema	Crepitus	Chronic
Strain	4 Quadriceps Muscles	Jumper's Knee	4 Rotator Cuff Muscles	Prevention