

B	I	N	G	O
Sprain	3 Hamstring Muscles	120/80	Appendicitis	Hyperextension of Great Toe
Edema	Abduction	Prevention	HOPS	4 Quadriceps Muscles
Hinge Joint	PRICE	FREE	Strain	4 Rotator Cuff Muscles
Concussion	ATC	Degrees of Strains	Jones Fracture	Diagnosis
Hemorrhage	Jumper's Knee	Chondromalacia	Carpal Tunnel Syndrome	Emergency Activation Steps

B	I	N	G	O
Degrees of Strains	Carpal Tunnel Syndrome	5 Phases of Throwing	ABC's	Etiology
Edema	EAP	4 Rotator Cuff Muscles	PRICE	Hyperextension of Great Toe
Concussion	Crepitus	FREE	Prevention	4 Quadriceps Muscles
Strain	3 Hamstring Muscles	Abduction	Boutonneire Deformity	Hematoma
Inversion	Hinge Joint	HOPS	Jones Fracture	ATC

B	I	N	G	O
Hemorrhage	Edema	Abduction	Emergency Activation Steps	3 Hamstring Muscles
Concussion	120/80	EAP	Etiology	Sprain
5 Phases of Throwing	Team Physician	FREE	Sudden Death Syndrome	Acute
4 Rotator Cuff Muscles	Hyperextension of Great Toe	HOPS	Anterior Talofibular Ligament	Strain
ATC	4 Quadriceps Muscles	Hinge Joint	Crepitus	Appendicitis