

C	O	P	E	!
Watch a favorite TV show	Alphabetize your books	Look up at the sky	Scribble on sheets of paper	Play video/computer games
Go through old stuff	Try to build something	Re-organize your room	Be with other people	Ride a bicycle
Start collecting something	Watch a movie from your childhood	FREE	Clean trash up at your local park	Perform a random act of kindness
Plan a dinner	Smile at 5 people	Play a musical instrument	Meditate	Pray
Make a list of blessings in your life	Go for a jog	Rearrange your house	Watch an old happy movie	Go to the mall

C	O	P	E	!
Watch a movie from your childhood	Be with other people	Scribble on sheets of paper	Go through old stuff	Re-organize your room
Look up at the sky	Watch an old happy movie	Play video/computer games	Go for a jog	Ride a bicycle
Plan a dinner	Clean trash up at your local park	FREE	Perform a random act of kindness	Alphabetize your books
Meditate	Rearrange your house	Watch a favorite TV show	Go to the mall	Smile at 5 people
Play a musical instrument	Pray	Start collecting something	Try to build something	Make a list of blessings in your life

C	O	P	E	!
Go for a jog	Rearrange your house	Be with other people	Pray	Clean trash up at your local park
Watch a favorite TV show	Plan a dinner	Play a musical instrument	Try to build something	Play video/computer games
Start collecting something	Go to the mall	FREE	Smile at 5 people	Meditate
Watch a movie from your childhood	Ride a bicycle	Scribble on sheets of paper	Watch an old happy movie	Look up at the sky
Perform a random act of kindness	Alphabetize your books	Re-organize your room	Go through old stuff	Make a list of blessings in your life