

B	I	N	G	O
name a coping skill that you can use during an argument	"break-up" with someone	ask someone how they are feeling	name a coping skill for anger	give an example of aggressive communication
ask someone about their favorite way to relax	name a coping skill for depression	give an example of passive communication	apologize to someone	let someone know their shoe is untied
name a coping skill for boredom	tell someone that you will not wash their car	FREE	ask someone about a hobby they have	compliment someone on personality
give a compliment to the person on your left	name a coping skill for anxiety	give a compliment to the person on your right	compliment someone on abilities	give an example of assertive communication
ask someone to go out somewhere with you	ask someone about their favorite movie	let someone know that they have food in their teeth	tell someone you cannot go to dinner with them	ask someone about their greatest achievement

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tell someone that you will not wash their car	apologize to someone	name a coping skill for anger	ask someone about their favorite way to relax	give an example of passive communication
ask someone how they are feeling	tell someone you cannot go to dinner with them	give an example of aggressive communication	ask someone about their favorite movie	let someone know their shoe is untied
give a compliment to the person on your left	ask someone about a hobby they have	FREE	compliment someone on personality	"break-up" with someone
compliment someone on abilities	let someone know that they have food in their teeth	name a coping skill that you can use during an argument	ask someone about their greatest achievement	name a coping skill for anxiety
give a compliment to the person on your right	give an example of assertive communication	name a coping skill for boredom	name a coping skill for depression	ask someone to go out somewhere with you

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ask someone about their favorite movie	let someone know that they have food in their teeth	apologize to someone	give an example of assertive communication	ask someone about a hobby they have
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name a coping skill for boredom	ask someone about their greatest achievement	FREE	name a coping skill for anxiety	compliment someone on abilities
tell someone that you will not wash their car	let someone know their shoe is untied	name a coping skill for anger	tell someone you cannot go to dinner with them	ask someone how they are feeling
compliment someone on personality	"break-up" with someone	give an example of passive communication	ask someone about their favorite way to relax	ask someone to go out somewhere with you