B	I	N	G	O
Skill Related	Agility	Curl ups	Push ups	Height
Cardiovascular Endurance	Sit and Reach	Muscular Strength	Balance	Power
Sit and Reach	Speed	**FREE**	Body Composition	Health Related
Healthy Fitness Zone (HFZ)	Reaction Time	Heart Rate/Pulse	Flexibility	Muscular Endurance
Fitness Components	Body Mass Index (BMI)	Pacer	Weight	Coordination

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B	I	N	G	O
Speed	Balance	Push ups	Cardiovascular Endurance	Muscular Strength
Curl ups	Weight	Height	Body Mass Index (BMI)	Power
Healthy Fitness Zone (HFZ)	Body Composition	**FREE**	Health Related	Agility
Flexibility	Pacer	Skill Related	Coordination	Reaction Time
Heart Rate/Pulse	Muscular Endurance	Sit and Reach	Sit and Reach	Fitness Components

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B	I	N	G	O
Body Mass Index (BMI)	Pacer	Balance	Muscular Endurance	Body Composition
Skill Related	Healthy Fitness Zone (HFZ)	Heart Rate/Pulse	Sit and Reach	Height
Sit and Reach	Coordination	**FREE**	Reaction Time	Flexibility
Speed	Power	Push ups	Weight	Curl ups
Health Related	Agility	Muscular Strength	Cardiovascular Endurance	Fitness Components

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