

Mental Health Bingo

Teeth Grinding	Anxiety disorder	Anxiety	Emotion	Over Sleeping
Mental disorder	Diarrhea	Stress	Nausea	Bulimia
Over Eating	Shopping	FREE	Under Eating	Cleaning
Irritability	Depression	Learned emotions	Rapid Heartbeat	Loss of Objectivity
Obsession	Running	Headache	Grief	Mood disorder

Mental Health Bingo

Learned emotions	Grief	Coping skills	Cutting	Moodiness
Mental disorder	Memory Problems	Cleaning	Shopping	Over Sleeping
Irritability	Isolating Self	FREE	Stress	Bulimia
Under Eating	Anxiety disorder	Diarrhea	Fear	Negative Thoughts
Peer Group	Over Eating	Nausea	Rapid Heartbeat	Depression

Mental Health Bingo

Obsession	Mental disorder	Diarrhea	Mood disorder	Anxiety disorder
Irritability	Anxiety	Memory Problems	Moodiness	Teeth Grinding
Coping skills	Weight Gain	FREE	Use positive Talk	Distress
Cleaning	Over Sleeping	Nausea	Eating disorder	Under Eating
Depression	Bulimia	Over Eating	Isolating Self	Emotion