

under eating	anxiety	indecisiveness	overeating	moodiness
fear	teeth grinding	negative thoughts	constipation	skin breakouts
weight gain	depression	FREE	isolating self	loss of objectivity
rapid heartbeat	memory problems	over sleeping	insomnia	nausea
diarrhea	poor judgement	frequent colds	weight loss	headache

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overeating	loss of objectivity	indecisiveness	nausea	depression
isolating self	anxiety	FREE	insomnia	over sleeping
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moodiness	irritability	skin breakouts	negative thoughts	teeth grinding

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irritability	moodiness	diarrhea	anxiety	under eating
teeth grinding	negative thoughts	loss of objectivity	nausea	frequent colds