

B	I	N	G	O
Talk With Your Doctor	Assistive Devices	Home Safety	Reduce Fall Risks	Physical Activity
Healthy Blood Pressure	Take Your Time When Walking	Previous Slips and Falls	Blurred Vision	Reduce Clutter in the Home
Sidewalk Safety	Uneven Surfaces	FREE	Clear Pathways	Medication Side Effects
Foot Exams	Muscle Weakness	Reduce Pain	Outdoor Falls	Safe on Stairs
Loss of Balance	Physical Therapy	Improved Balance While Walking	Fall Prevention	Proper Lighting

B	I	N	G	O
Uneven Surfaces	Reduce Pain	Reduce Clutter in the Home	Proper Lighting	Safe on Stairs
Clear Pathways	Foot Exams	Physical Activity	Healthy Blood Pressure	Physical Therapy
Blurred Vision	Medication Awareness	FREE	Assistive Devices	Outdoor Falls
Talk With Your Doctor	Fall Prevention	Walk Safer	Reduce Fall Risks	Previous Slips and Falls
Home Safety	Medication Side Effects	Muscle Weakness	Loss of Balance	Take Your Time When Walking

B	I	N	G	O
Healthy Blood Pressure	Safe on Stairs	Muscle Weakness	Reduce Fall Risks	Assistive Devices
Uneven Surfaces	Reduce Clutter in the Home	Home Safety	Foot Exams	Physical Therapy
Medication Side Effects	Medication Awareness	FREE	Clear Pathways	Blurred Vision
Fall Prevention	Sidewalk Safety	Physical Activity	Improved Balance While Walking	Proper Lighting
Take Your Time When Walking	Talk With Your Doctor	Outdoor Falls	Loss of Balance	Hold Handrails