

C	I	G	N	A
Take a walk on your lunch break	Add in notes how you followed up on educational materials once	Connect one person to Coach RX	Refer one person to 2nd MD	Document the result of one CM screening tool in notes
Complete all condition assessments for one customer	Take 5 deep breaths	Eat 5 servings of fruits and vegetables in one day	Address one green Customer feed disposition	Meditate for at least 3 minutes
Send provider list to customer once	Tell someone thank you today	FREE	Complete Audit C for one person	Consult with a STD CM once
Consult with another coach once	Send a referral to CM or ICM	Consult with medical director once	Consult with CHE pharmacist	Drink only water for one day
Connect one person to EAP	Complete GTKY with date of flu vaccine once	Get the name and phone number of one customer's HCP	Verify all conditions on 1st call after ITMC	Complete your check in documentation

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Consult with CHE pharmacist	Get the name and phone number of one customer's HCP	Take a walk on your lunch break	Complete your check in documentation	Send a referral to CM or ICM
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Tell someone thank you today	Meditate for at least 3 minutes	Refer one person to 2nd MD	Verify all conditions on 1st call after ITMC	Connect one person to Coach RX
Consult with a STD CM once	Add in notes how you followed up on educational materials once	Eat 5 servings of fruits and vegetables in one day	Complete all condition assessments for one customer	Connect one person to EAP