

B	I	N	G	O
Storage	Agonist	Extension	Protection	Irregular
Cranium	Star jump	Long bone	Antagonist	Shoulder
Talus	Antagonistic muscle action	Ligament	Flexion	Clavicle
Gastrocnemius	Rotation	Humerus	Phalanges	Scapula
Fibula	Femur	Knee	Cartilage	Tendon

B	I	N	G	O
Tendon	Cranium	Talus	Antagonistic muscle action	Protection
Long bone	Dorsi flexion	Antagonist	Storage	Irregular
Clavicle	Gastrocnemius	Extension	Ligament	Flexion
Agonist	Femur	Phalanges	Star jump	Scapula
Humerus	Cartilage	Knee	Shoulder	Fibula

B	I	N	G	O
Talus	Dorsi flexion	Protection	Rotation	Shoulder
Tendon	Irregular	Antagonistic muscle action	Phalanges	Antagonist
Gastrocnemius	Extension	Flexion	Knee	Clavicle
Agonist	Storage	Star jump	Ligament	Humerus
Scapula	Femur	Cartilage	Long bone	Cranium