

B	I	N	G	O
Try a new Shakeology recipe	3 rounds of 10 push-ups	Get all your containers	Shakeology selfie	Post a meal prep photo
Get a 5	Sweaty selfie	Post your meal plan	Do scheduled workout 5 days in a row	Shakeology selfie
Sweaty selfie	Try a new food recipe	Post a workout video	Funny fitness meme	Post a NSV
Post a fix-approved recipe	Share a fitness/health tip	Post a fix-approved recipe	Motivational quote/photo	Post about a fitness goal
Get your daily water	Get a 5	Read a personal development article	Try a new vegetable	Get a 5 on Saturday

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