

|                               |                                     |                                   |                                   |                                       |
|-------------------------------|-------------------------------------|-----------------------------------|-----------------------------------|---------------------------------------|
| <b>B</b>                      | <b>I</b>                            | <b>N</b>                          | <b>G</b>                          | <b>O</b>                              |
| thoughts                      | 5(or<br>more)symptoms<br>2wk period | feelings of<br>emptiness/hopeless | recurrent<br>thoughts<br>of death | moodiness                             |
| difficulty<br>sleeping        | suicidal<br>ideation/attempt        | overeating                        | behaviors                         | poor<br>judgment                      |
| significant<br>weight<br>loss | undereating                         | <b>FREE</b>                       | coping                            | irritability                          |
| isolation                     | restlessness                        | loss of<br>interest/pleasure      | indecisiveness                    | negative<br>thoughts                  |
| feelings<br>of guilt          | depressed/sad<br>mood               | poor<br>concentration             | weight<br>gain                    | feeling of<br>being<br>slowed<br>down |

|                                   |                       |                                   |                                       |                                     |
|-----------------------------------|-----------------------|-----------------------------------|---------------------------------------|-------------------------------------|
| <b>B</b>                          | <b>I</b>              | <b>N</b>                          | <b>G</b>                              | <b>O</b>                            |
| undereating                       | behaviors             | recurrent<br>thoughts<br>of death | difficulty<br>sleeping                | overeating                          |
| feelings of<br>emptiness/hopeless | weight<br>gain        | moodiness                         | depressed/sad<br>mood                 | poor<br>judgment                    |
| isolation                         | coping                | <b>FREE</b>                       | irritability                          | 5(or<br>more)symptoms<br>2wk period |
| indecisiveness                    | poor<br>concentration | thoughts                          | feeling of<br>being<br>slowed<br>down | restlessness                        |
| loss of<br>interest/pleasure      | negative<br>thoughts  | significant<br>weight<br>loss     | suicidal<br>ideation/attempt          | feelings<br>of guilt                |

|                               |                                       |                                   |                              |                                   |
|-------------------------------|---------------------------------------|-----------------------------------|------------------------------|-----------------------------------|
| <b>B</b>                      | <b>I</b>                              | <b>N</b>                          | <b>G</b>                     | <b>O</b>                          |
| depressed/sad<br>mood         | poor<br>concentration                 | behaviors                         | negative<br>thoughts         | coping                            |
| thoughts                      | isolation                             | loss of<br>interest/pleasure      | suicidal<br>ideation/attempt | moodiness                         |
| significant<br>weight<br>loss | feeling of<br>being<br>slowed<br>down | <b>FREE</b>                       | restlessness                 | indecisiveness                    |
| undereating                   | poor<br>judgment                      | recurrent<br>thoughts<br>of death | weight<br>gain               | feelings of<br>emptiness/hopeless |
| irritability                  | 5(or<br>more)symptoms<br>2wk period   | overeating                        | difficulty<br>sleeping       | feelings<br>of guilt              |