

C	O	A	C	H
This is my first challenge group	Certified Instructor	Doing Hammer and Chisel	I have lost 10 lbs thanks to Beachbody	Drink Regular Shakeology
Doing 22 Minute Hard Corps	Lost 5lbs	Emerald Coach	Coach	I want to learn about coaching
Using Beachbody Performance Line	Doing 21 DF	BB ROCKS	Doing Yoga Retreat	Done the 3 Day Refresh
I have lost 40 lbs thanks to Beachbody	Done the Ultimate Reset	Have On Demand	Doing P90x P90x2 P90x3	Drink Vegan Shakeology
Doing 21DFX	I have lost 25 lbs thanks to Beachbody	Doing Cize	Veteran Challenger	Doing Country Heat

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Doing Yoga Retreat	Certified Instructor	BB ROCKS	Doing P90x P90x2 P90x3	Have On Demand
Doing Country Heat	This is my first challenge group	Doing Cize	I have lost 40 lbs thanks to Beachbody	Doing 21DFX
Drink Regular Shakeology	Doing T25	I want to learn about coaching	Emerald Coach	Lost 5lbs

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Have On Demand	Coach	BB ROCKS	Doing Yoga Retreat	Doing Hammer and Chisel
Doing T25	Drink Regular Shakeology	Doing 21DFX	Certified Instructor	This is my first challenge group
Lost 5lbs	Emerald Coach	Done the 3 Day Refresh	Drink Vegan Shakeology	Doing Cize