

S	O	B	E	R
Steroids	Addiction	Has finished Step Nine	Relapse	Memory loss
Family	Sex	Money problems	Affirmations	Positive coping strategies
Self-help support group	Better communication	FREE	Meth	Inhalants
Marijuana	Relationships	Meditation	Pain pills	Resentments
High risk situation	Heroin	Mental Health Court	Celebrated a recovery milestone/Anniv within the past week	Co-occurring disorder

S	O	B	E	R
Meth	Memory loss	Better communication	Self-help support group	Celebrated a recovery milestone/Anniv within the past week
Relapse	Inhalants	Marijuana	Sex	Affirmations
Treatment	Mental Health Court	FREE	Family	Has finished Step Nine
Pain pills	Positive coping strategies	Money problems	Relationships	Co-occurring disorder
Addiction	Steroids	Trigger	Has fewer than 90 days clean/sober	Heroin

S	O	B	E	R
Meth	Family	Pain pills	Has fewer than 90 days clean/sober	Affirmations
Addiction	Trigger	Treatment	Co-occurring disorder	Sex
Has a sponsor	Relationships	FREE	Meditation	Positive coping strategies
Mental Health Court	Marijuana	Inhalants	Better communication	Resentments
Celebrated a recovery milestone/Anniv within the past week	Self-help support group	Memory loss	Has finished Step Nine	Money problems