

Step 1	Abstinence	AA	Dreams	Objective
Intervention	Communication	Serenity	Meeting	Accountability
Nutrition	Recovery	FREE	Step 4	Agreements
Meditation	Feed back	Commitment	Goals	Peace
Green tea	NA	Preparation	Elk tower	Education

Let go	Goals	Easy does it	Boundry	Calm
Love	Leave behind	Higher power	Advice	Rehabilitation
CA	Obsession	FREE	Feed back	Agreements
Serenity	Accountability	Step 4	Relapse Prevention	Meditation
Objective	Fyi	Goals	Communication	Dreams

Rehabilitation	Motivation	Step12	One day at a time	Nutrition
Mindfulness	Peace	Agreements	Chapel	Moving forward
Leave behind	Communication	FREE	NA	Let go
Abstinence	Feed back	AA	Higher power	Love
Spirituality	CA	patience	Steps	Community