

B	I	N	G	O
Trust	Acceptance	Encouragement	Respect	Long-term
Cooperation	Support	Patience	Anger	Short Term
Understanding	Communication	FREE SPACE	Feelings	Forgiveness
Shame	Friends	Protective Boundaries	Family	Partners-relationships
Communication	Sadness	Decisions	Understanding	Defining Boundaries

B	I	N	G	O
Understanding	Understanding	Anger	Friends	Cooperation
Respect	Forgiveness	Encouragement	Partners-relationships	Communication
Feelings	Acceptance	FREE SPACE	Family	Protective Boundaries
Defining Boundaries	Trust	Decisions	Shame	Communication
Long-term	Fear	Short Term	Patience	Support

B	I	N	G	O
Shame	Family	Understanding	Defining Boundaries	Respect
Sadness	Short Term	Understanding	Friends	Communication
Protective Boundaries	Anger	FREE SPACE	Feelings	Encouragement
Fear	Long-term	Communication	Acceptance	Trust
Support	Patience	Forgiveness	Partners-relationships	Decisions