

Tone of voice	Avoid	Facial Expression	Speaking up	Parents
Bystander	Teacher	Relational	Be a friend	School
Target	Upstander	FREE	Body Language	Groups
Ignoring	Stay calm	Imbalance of power	Gossip	Physical
Friendship	Buddy up	Sad	Verbal	Cyber

Upstander	Be a friend	Speaking up	Bystander	Relational
Facial Expression	Verbal	Parents	Buddy up	School
Ignoring	Body Language	FREE	Groups	Avoid
Gossip	Sad	Tone of voice	Cyber	Stay calm
Imbalance of power	Physical	Target	Teacher	Friendship

Buddy up	Sad	Be a friend	Physical	Body Language
Tone of voice	Ignoring	Imbalance of power	Teacher	Parents
Target	Cyber	FREE	Stay calm	Gossip
Upstander	School	Speaking up	Verbal	Facial Expression
Groups	Avoid	Relational	Bystander	Friendship