

C	H	I	L	D
Use a Thermometer	1 minute	99	Medicine spoon cup dropper	Flu worry constipation
93	Tylenol	Hives	110	Lots of liquids
Put sunscreen ears and feet	Wash hands often	FREE	119	Broken bones
Call 911 if longer than 5 mins	Put an ice pack on the area	Dress child lightly	Aspirin	Heat Rash
Apply antifungal	46	Infection	Wear a helmet	98.6

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Wash hands often	110	Medicine spoon cup dropper	93	Hives
99	Wear a helmet	Flu worry constipation	46	Lots of liquids
Call 911 if longer than 5 mins	119	FREE	Broken bones	1 minute
Aspirin	Infection	Use a Thermometer	98.6	Put an ice pack on the area
Dress child lightly	Heat Rash	Put sunscreen ears and feet	Tylenol	Apply antifungal

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46	Infection	110	Heat Rash	119
Use a Thermometer	Call 911 if longer than 5 mins	Dress child lightly	Tylenol	Flu worry constipation
Put sunscreen ears and feet	98.6	FREE	Put an ice pack on the area	Aspirin
Wash hands often	Lots of liquids	Medicine spoon cup dropper	Wear a helmet	99
Broken bones	1 minute	Hives	93	Apply antifungal