

B	I	N	G	O
teeth grinding	anxiety	indecisiveness	over sleeping	memory problems
fear	skin breakouts	nausea	constipation	rapid heartbeat
under eating	depression	FREE	isolating self	loneliness
poor judgement	loss of objectivity	negative thoughts	insomnia	moodiness
diarrhea	overeating	frequent colds	weight loss	headache

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headache	teeth grinding	frequent colds	poor judgement	diarrhea
memory problems	irritability	rapid heartbeat	nausea	skin breakouts

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overeating	rapid heartbeat	weight loss	loss of objectivity	depression
negative thoughts	constipation	FREE	isolating self	indecisiveness
irritability	memory problems	diarrhea	anxiety	teeth grinding
skin breakouts	nausea	loneliness	moodiness	frequent colds