

B	I	N	G	O
Time Out	Acceptance	Consent	Respect	Giving & Receiving
Commitment	Thoughtful	No Yelling	Active Listening	Support
Trust	Appreciation	FREE	Honesty	Equality
Boundaries	Fight Fair	Share Feelings	Forgiveness	Patience
Shared Decision making	Effort	Cooperation	Good Communication	Balance

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Honesty	Giving & Receiving	Appreciation	Support	Balance
Share Feelings	Equality	Fight Fair	Thoughtful	Active Listening
Trust	Respect	FREE	Good Communication	Commitment
Consent	No Yelling	Shared Decision making	Boundaries	Patience
Acceptance	Time Out	Understanding	Compromise	Cooperation

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Honesty	Commitment	Patience	Compromise	Active Listening
Acceptance	Understanding	Consent	Trust	Boundaries
Thoughtful	Shared Decision making	FREE	Forgiveness	Respect
Balance	Good Communication	Fight Fair	Equality	Appreciation
Support	Giving & Receiving	Cooperation	No Yelling	Time Out