

B	I	N	G	O
THINK OF SOMETHING FUNNY	AM I JUST EXCITED?	EVEN ADULTS GET NERVOUS	NOISE CAN'T HURT ME	I'LL BE OKAY
DANCE!	TAKE A DEEP BREATH	IT'S FUN TO BE SURPRISED!	BLOW OUT THE ANXIETY!	NEW THINGS CAN BE FUN!
STAY UP ALL NIGHT AND THINK ABOUT YOUR MISTAKES!	THIS WON'T LAST FOREVER!	I FEEL FREE!	COLOR YOUR FEELINGS	I AM BRAVE
I AM STRONG	SMILE!	I CAN DO THIS!	FIND A KID TO TALK TO	I'M JUST A LITTLE SCARED
EVERYONE IS FINE	COUNT TO TEN	JUMPING JACKS!	TRY SOMETHING DIFFERENT	DID I REMEMBER TO SMILE!

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