

Recovery Bingo

resentments	Acknowledging the things I can not change	90 in 90	How my sleep was affected	inhalants
Step work	Goals	relapse	affirmations	Change
heroin	pain pills	FREE	self-help support group	Cold Turkey
addiction	Rapid Detox	Focus on Today	Recovery	memory loss
Remission	family	money problems	Sober	Meditation

Recovery Bingo

pain pills	Rapid Detox	Life in Recovery	Warning Signs	Recovery
How my thinking was affected	Contemplative	Family	"Thinking I can do this alone"	Therapy
Sober	Cirrhosis	FREE	Euphoria	inhalants
Receptor	relapse	self-help support group	positive coping strategies	Change
addiction	Cold Turkey	Goals	How my sleep was affected	better communication

Recovery Bingo

steroids	marijuana	heroin	affirmations	meth
Contemplative	Family	co-occurring disorder	Therapy	Goals
family	Warning Signs	FREE	"Thinking I can do this alone"	Acknowledging the things I can not change
Mental Health Symptoms	90 in 90	Step work	resentments	Euphoria
trigger	treatment	Has fewer than 90 days clean/sober	Cold Turkey	inhalants