

Wellness Bingo!

Wellness	Emotional Wellness	Healthy Sleep	Social Wellness	Physical Wellness
HEALTH	Stress Management	Positive Support	Environmental Wellness	Service to others & Support network
Spiritual Wellness	Wellness Orientation	FREE	Financial Wellness	Meaning and Purpose
Nutrition	Spiritual Beliefs	Occupational/Vocational Wellness	Intellectual Wellness	Positive Attitude
InShape	Gratitude	Self-Care	Willow Room for Relaxation	Healthy Eating

Wellness Bingo!

Wellness Orientation	Environmental Wellness	Social Wellness	HEALTH	Positive Support
Healthy Sleep	Willow Room for Relaxation	Physical Wellness	Gratitude	Service to others & Support network
Nutrition	Financial Wellness	FREE	Meaning and Purpose	Emotional Wellness
Intellectual Wellness	Self-Care	Wellness	Healthy Eating	Spiritual Beliefs
Occupational/Vocational Wellness	Positive Attitude	Spiritual Wellness	Stress Management	InShape

Wellness Bingo!

Gratitude	Self-Care	Environmental Wellness	Positive Attitude	Financial Wellness
Wellness	Nutrition	Occupational/Vocational Wellness	Stress Management	Physical Wellness
Spiritual Wellness	Healthy Eating	FREE	Spiritual Beliefs	Intellectual Wellness
Wellness Orientation	Service to others & Support network	Social Wellness	Willow Room for Relaxation	Healthy Sleep
Meaning and Purpose	Emotional Wellness	Positive Support	HEALTH	InShape