B	I	N	G	O
What is your favorite sport to play?	Bear Walk for 10 seconds	Do 5 jumping jacks	Run in place for 10 seconds	Hop on one foot for 10 seconds
Do 10 toe touches	What is your favorite healthy food?	Name a time when you felt proud	Bunny hop for 15 seconds	Name something you're good at
Stand up and let everyone give you applause	What's your favorite summer activity?	**FREE**	Crabwalk for 10 seconds	Give someone in the group a high five
Give the person to your right a compliment	Skip in place for 10 seconds	Hold a plank for 10 seconds	Do 5 wall push ups	March in place for 10 seconds
Do 5 sit ups	Demonstrate your favorite yoga pose	Name something you would like to be better at	What's your favorite winter activity?	Do 10 wall push ups

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B	I	N	G	O
What's your favorite summer activity?	Bunny hop for 15 seconds	Run in place for 10 seconds	Do 10 toe touches	Name a time when you felt proud
Do 5 jumping jacks	What's your favorite winter activity?	Hop on one foot for 10 seconds	Demonstrate your favorite yoga pose	Name something you're good at
Give the person to your right a compliment	Crabwalk for 10 seconds	**FREE**	Give someone in the group a high five	Bear Walk for 10 seconds
Do 5 wall push ups	Name something you would like to be better at	What is your favorite sport to play?	Do 10 wall push ups	Skip in place for 10 seconds
Hold a plank for 10 seconds	March in place for 10 seconds	Stand up and let everyone give you applause	What is your favorite healthy food?	Do 5 sit ups

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B	I	N	G	O
Demonstrate your favorite yoga pose	Name something you would like to be better at	Bunny hop for 15 seconds	March in place for 10 seconds	Crabwalk for 10 seconds
What is your favorite sport to play?	Give the person to your right a compliment	Hold a plank for 10 seconds	What is your favorite healthy food?	Hop on one foot for 10 seconds
Stand up and let everyone give you applause	Do 10 wall push ups	**FREE**	Skip in place for 10 seconds	Do 5 wall push ups
What's your favorite summer activity?	Name something you're good at	Run in place for 10 seconds	What's your favorite winter activity?	Do 5 jumping jacks
Give someone in the group a high five	Bear Walk for 10 seconds	Name a time when you felt proud	Do 10 toe touches	Do 5 sit ups

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