

B	I	N	G	O
trapezius	brachialis	mentalis	scapula	pectoralis
humerus	tendons	quadriceps	carpals	sternum
triceps	femur	FREE	muscular system	nutrition
soleus	over 600 muscles	ribs	move joints	phalanges
gluteus maximus	smooth	ligaments	vertebrae	maintains posture

B	I	N	G	O
triceps	vertebrae	carpals	over 600 muscles	humerus
scapula	nutrition	mentalis	phalanges	femur
muscular system	brachialis	FREE	move joints	ribs
maintains posture	trapezius	ligaments	soleus	gluteus maximus
pectoralis	muscular system	sternum	quadriceps	tendons

B	I	N	G	O
soleus	move joints	triceps	maintains posture	scapula
smooth	sternum	vertebrae	over 600 muscles	femur
ribs	carpals	FREE	muscular system	mentalis
muscular system	pectoralis	gluteus maximus	brachialis	trapezius
tendons	quadriceps	nutrition	phalanges	ligaments