

Thoughtful	Active Listening	Encouragement	Share Feelings	Intimacy
Co-operation	Support	Not Dominate or Be Dominated	Appreciation	Positive Self-esteem
Start Relationships Slowly	Balance	FREE	Loyalty	Giving & Receiving
Good Communication	Shared Decision making	Honesty	Patience	Stand up for your beliefs and values
Forgiveness	Equality	Love	Be Treated With Respect	Boundaries

Loyalty	Intimacy	Balance	Start Relationships Slowly	Be Treated With Respect
Share Feelings	Giving & Receiving	Good Communication	Support	Appreciation
Trust	Love	FREE	Co-operation	Encouragement
Patience	Positive Self-esteem	Not Dominate or Be Dominated	Shared Decision making	Boundaries
Active Listening	Thoughtful	Understanding	Effort	Equality

Loyalty	Co-operation	Patience	Effort	Appreciation
Active Listening	Understanding	Trust	Boundaries	Support
Commitment	Shared Decision making	FREE	Honesty	Positive Self-esteem
Love	Good Communication	Giving & Receiving	Balance	Stand up for your beliefs and values
Be Treated With Respect	Start Relationships Slowly	Intimacy	Encouragement	Not Dominate or Be Dominated