

B	I	N	G	O
Walk Away	Apologize	Cool Down Spot	Sing	Listen to Others
Be a Friend	Wait Your Turn	Respect	Ask for Help	Say Excuse Me
Talk to Someone	Worry About Yourself	FREE	Be Kind	Friends
Help Others	Take Deep Breaths	Ignore	Don't Interrupt	Mentor
Count to 10	Be Patient	Respect Boundaries	Write	Change Seats

B	I	N	G	O
Worry About Yourself	Ask for Help	Sing	Be a Friend	Respect
Cool Down Spot	Write	Listen to Others	Be Patient	Say Excuse Me
Help Others	Be Kind	FREE	Friends	Apologize
Don't Interrupt	Respect Boundaries	Walk Away	Change Seats	Take Deep Breaths
Ignore	Mentor	Talk to Someone	Wait Your Turn	Count to 10

B	I	N	G	O
Be Patient	Respect Boundaries	Ask for Help	Mentor	Be Kind
Walk Away	Help Others	Ignore	Wait Your Turn	Listen to Others
Talk to Someone	Change Seats	FREE	Take Deep Breaths	Don't Interrupt
Worry About Yourself	Say Excuse Me	Sing	Write	Cool Down Spot
Friends	Apologize	Respect	Be a Friend	Count to 10