

LIFE SKILLS

Social Skills	Ability to Maintain Strong Friendships	Developing & Maintaining stable healthy relationships	Nutrition & Healthy Eating Habits	Improved Decision-Making Skills
Communication Skills	Skills for Independent Living	Maintaining a Stable Residence	Avoid Relapse Urges	Mental Health Status
Routines	Stable Living Environment	RECOVERY	Budgeting & Financial Responsibility	Employment Status
Functional Social Interactions	Physical Health Status	Healthy Coping Mechanisms	Emotional Self-Control	Learning (or re-learning) Basic Hygiene
Effective Coping Skills	Career Coaching & Development	Medication Management	Stress & Anger Management	Creating & Maintaining a Daily Routine

LIFE SKILLS

Stable Living Environment	Avoid Relapse Urges	Nutrition & Healthy Eating Habits	Communication Skills	Maintaining a Stable Residence
Developing & Maintaining stable healthy relationships	Stress & Anger Management	Improved Decision-Making Skills	Career Coaching & Development	Mental Health Status
Functional Social Interactions	Budgeting & Financial Responsibility	RECOVERY	Employment Status	Ability to Maintain Strong Friendships
Emotional Self-Control	Medication Management	Social Skills	Creating & Maintaining a Daily Routine	Physical Health Status
Healthy Coping Mechanisms	Learning (or re-learning) Basic Hygiene	Routines	Skills for Independent Living	Effective Coping Skills

LIFE SKILLS

Career Coaching & Development	Medication Management	Avoid Relapse Urges	Learning (or re-learning) Basic Hygiene	Budgeting & Financial Responsibility
Social Skills	Functional Social Interactions	Healthy Coping Mechanisms	Skills for Independent Living	Improved Decision-Making Skills
Routines	Creating & Maintaining a Daily Routine	RECOVERY	Physical Health Status	Emotional Self-Control
Stable Living Environment	Mental Health Status	Nutrition & Healthy Eating Habits	Stress & Anger Management	Developing & Maintaining stable healthy relationships
Employment Status	Ability to Maintain Strong Friendships	Maintaining a Stable Residence	Communication Skills	Effective Coping Skills