

B	I	N	G	O
Told someone I love you in the past week.	Bake a treat for someone.	Gave someone a compliment today	Refused to gossip when you heard some negative comments.	Helped someone in a crisis.
Did something kind for someone who is lonely or sad.	Thank your police or fire department.	Let someone go in line ahead of you.	Be polite on the road.	Picked up trash that wasn't yours.
Stood up for someone who needed a voice or support.	Told someone a funny joke to lift their spirits.	FREE	Called someone just to say hello and brighten their day.	Gave someone some money with no expectations of being repaid.
Give someone your rapt attention.	Said "HI" to someone you don't know.	Held the door open for someone coming behind you.	Gave someone a ride who needed it.	Leave a generous tip.
Gave someone a hug who was having a rough day.	Collect canned food for a food pantry.	Made food for someone who is sick or just needed some help.	Write a letter to someone who made a difference in your life.	Did something unexpected for someone.

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