

B	I	N	G	O
Talk to a trusted adult	Be a friend not a bystander	Don't go on sites where people treat you badly	Remember that people on the internet lie about who they are	Inform people that bullying is cool
Contact the site administrator if someone creates a page in your name.	Stop the activity	Notify the police if the bully is making serious threats	Be civil	Only add friends that you know personally
Stay Calm	Think before you post or send photos	FREE	Block the bully	Don't respond
Don't retaliate	Save the evidence	Ignore the bully	Don't become the bully	Keep personal information private
Don't share your passwords to people	Change your passwords often	Offer your support if you see that someone is getting bullied	Walk away from situations	Don't give the bully what they want.

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