B	I	N	G	O
Stubbornness	Anger	Abandonment	Disgust	Overwhelm
Indecisiveness	Crying	Shame shock	Lost	Anxiety
Resentment	Unworthy	**FREE**	Bitterness	Lack of Control
Hatred	Sadness	Heartache	Pride	Horror
Nervousness	Rejection	Overjoy	Frustration	Fear

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B	I	N	G	O
Insecurity	Heartache	Failure	Blaming	Conflict
Lack of Control	Indecisiveness	Humiliation	Betrayal	Sadness
Panic	Guilt	**FREE**	Bitterness	Shame shock
Anxiety	Unworthy	Hatred	Jealousy	Helplessness
Defensiveness	Disgust	Low Self-Esteem	Vulnerable	Peeved

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B	I	N	G	O
Overwhelm	Lost	Pride	Bitterness	Confusion
Nervousness	Indecisiveness	Defensiveness	Overjoy	Jealousy
Anger	Guilt	**FREE**	Abandonment	Humiliation
Crying	Lack of Control	Stubbornness	Blaming	Worthless
Worry	Vulnerable	Betrayal	Panic	Despair

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