

B	I	N	G	O
Removed Rugs	Add lighting to dar areas	Curtains to reduce glare	Non-slip backing on rugs	Inside shoes - no slippers
Clear paths	Phone near the floor	Nightlight to bathroom	Add/fix handrails on stairs	No cords to walk over
Pharmacist look at meds	Steady step stool	FREE	Bedside lamp	Fixed loose steps
Get vision checked	Non-slip mat on floor of tub	Hand rails in bathroom	Exercise regularly	Items used often in lower shelves
Emergency numbers near phone	Change light bulbs	No clutter on floor/stairs	Wear an alarm device	Contrasting color on steps

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Steady step stool	No cords to walk over	Non-slip backing on rugs	Wear an alarm device	Curtains to reduce glare
Fixed loose steps	Add lighting to dark areas	Nightlight to bathroom	Clear paths	Emergency numbers near phone