

B	I	N	G	O
Were your eyes open?	Arms by your ears	Hollow hollow!	Squeeze your cheeks	Pretend a bear is chasing you
Finish!	We LOVE conditioning!!	Punch or Jump?	Chin up	Tight!
What did you feel on that?	Did you see your foot hit?	Look at the end of the beam.	Make some wrinkles	Tight arms
Point your toes	Reach over the giraffe	I sound like a broken record player--wait you don't even know what a record player is...	Pretend you have flashlights in your arm pits	Do you need to tinkle?
Stick!	Get your hips square.	Where were you looking?	Hair up no nail polish and no colored drinks.	Keep a straight line.

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What did you feel on that?	Did you see your foot hit?	Tight!	Chin up	Do you need to tinkle?
Hair up no nail polish and no colored drinks.	Tight arms	Look at the end of the beam.	Pretend a bear is chasing you	Reach over the giraffe
Finish!	Hollow hollow!	Punch or Jump?	Pretend you have flashlights in your arm pits	Were your eyes open?
Point your toes	Get your hips square.	We LOVE conditioning!!	I sound like a broken record player--wait you don't even know what a record player is...	Squeeze your cheeks
Stick!	Where were you looking?	Keep a straight line.	Arms by your ears	Make some wrinkles

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Tight arms	Pretend you have flashlights in your arm pits	Get your hips square.	Hair up no nail polish and no colored drinks.	I sound like a broken record player--wait you don't even know what a record player is...
Do you need to tinkle?	Keep a straight line.	Finish!	Look at the end of the beam.	Were your eyes open?
Point your toes	Stick!	Punch or Jump?	Did you see your foot hit?	We LOVE conditioning!!
What did you feel on that?	Reach over the giraffe	Where were you looking?	Chin up	Arms by your ears
Make some wrinkles	Tight!	Squeeze your cheeks	Hollow hollow!	Pretend a bear is chasing you