

B	I	N	G	O
Were your eyes open?	Arms by your ears	Hollow hollow!	Stick!	Pretend a bear is chasing you
Get your hips square.	Were your eyes open?	Reach over the giraffe	Chin up	We LOVE conditioning!
What did you feel on that?	Did you see your foot hit?	Punch or Jump?	Look at the end of the beam.	Finish!
Make some wrinkles	Tight arms	Point your toes	Squeeze your cheeks	Tight!
Keep a straight line.	I sound like a broken record player--wait you don't even know what a record player is...	Pretend you have flashlights in your arm pit	Do you need to tinkle?	Where were you looking?

B	I	N	G	O
Where were you looking?	Get your hips square.	What did you feel on that?	Did you see your foot hit?	Stick!
Reach over the giraffe	Hair up no nail polish and no colored drinks.	Chin up	Were your eyes open?	Pretend a bear is chasing you
Finish!	Make some wrinkles	Hollow hollow!	Punch or Jump?	Look at the end of the beam.
Arms by your ears	I sound like a broken record player--wait you don't even know what a record player is...	Squeeze your cheeks	Were your eyes open?	Tight!
Point your toes	Do you need to tinkle?	Pretend you have flashlights in your arm pit	We LOVE conditioning!	Keep a straight line.

B	I	N	G	O
What did you feel on that?	Hair up no nail polish and no colored drinks.	Stick!	Tight arms	We LOVE conditioning!
Where were you looking?	Pretend a bear is chasing you	Did you see your foot hit?	Squeeze your cheeks	Chin up
Make some wrinkles	Hollow hollow!	Look at the end of the beam.	Pretend you have flashlights in your arm pit	Finish!
Arms by your ears	Were your eyes open?	Were your eyes open?	Punch or Jump?	Point your toes
Tight!	I sound like a broken record player--wait you don't even know what a record player is...	Do you need to tinkle?	Reach over the giraffe	Get your hips square.