

B	I	N	G	O
Support	Eating green fruit of veggie	Drink 32 oz. of water	Healthy Relationships	Self Advocacy
Pets	Goals	Stress Management	Recovery	Education
Resiliency	Strength	FREE	Volunteering	Emotions
Problem Solving	Motivation	Fun	Pack a health salad 1x this week	Social Interaction
Personal REsponsibility	Register for MyCigna.com	Spirituality	Leisure Time	Independence

B	I	N	G	O
Physical Activity	Pack a health salad 1x this week	Hope	Empowerment	Energy
Planning Ahead	Pets	Personal REsponsibility	Education	Strength
Self-esteem	Motivation	FREE	Emotions	Success
Volunteering	Stress Management	Eating green fruit of veggie	Problem Solving	Self Advocacy
Goals	Healthy Relationships	Register for MyCigna.com	Resiliency	Recovery

B	I	N	G	O
Social Interaction	Emotions	Energy	Register for MyCigna.com	Pets
Goals	Resiliency	Planning Ahead	Eating green fruit of veggie	Motivation
Drink 32 oz. of water	Personal REsponsibility	FREE	Support	Empowerment
Working Together	Wellness	Self Advocacy	Problem Solving	Healthy Eating
Volunteering	Education	Pack a health salad 1x this week	Healthy Relationships	Independence