

Mental Health Bingo

nerd	Biofeedback	Anxiety	I am Strong	Schizophrenia
Optimism	Fat	cronies	Phobias	Compulsion
Racing thought	Stress	FREE	pointing the finger at others when they did nothing wrong.	Depression
Personality disorder	Mental disorder	Envy	Mood disorder	Self esteem
Neurologist	Psychologist	Social worker	Obsession	Identity

Mental Health Bingo

Stress	Mental disorder	I hear Voices	Peer Group	Mood disorder
I am me	Distress	Emotion	Perfectionist	PTSD
Obsession	Coping skills	FREE	Eating Disorders	Schizophrenia
Mocking me	cronies	pointing the finger at others when they did nothing wrong.	Suicide	Compulsion
Personality disorder	Depression	Fat	I am Strong	Popular

Mental Health Bingo

skinny	Seasonal Affective Disorder	Racing thought	Phobias	Snob
Distress	Emotion	Pretty	PTSD	Fat
Psychologist	Peer Group	FREE	Perfectionist	Biofeedback
Learned emotions	Anxiety	Optimism	nerd	Eating Disorders
there Talking about me	spending money	Geek	Depression	Schizophrenia