

# NETF BINGO

|                          |                           |                                  |                |                |
|--------------------------|---------------------------|----------------------------------|----------------|----------------|
| Swim buddies             | 140.6                     | Clip in                          | Spin your legs | On your Left   |
| Aero Position            | Swim Bike Run             | Remember to take bathroom breaks | 35 podium wins | Sneakers       |
| Sunscreen                | Swimming is good exercise | NETF Free Space                  | 70.3           | Goggles        |
| Ironman                  | Sprint                    | Kits                             | Gels or Bloks  | Race Wheels    |
| Don't swallow the water! | 98 members                | Run fast                         | Water bottle   | Brick workouts |

# NETF BINGO

|                                 |                      |                       |                     |                                           |
|---------------------------------|----------------------|-----------------------|---------------------|-------------------------------------------|
| Swimming<br>is good<br>exercise | 35<br>podium<br>wins | Spin<br>your<br>legs  | Aero<br>Position    | Remember<br>to take<br>bathroom<br>breaks |
| Clip in                         | Water<br>bottle      | On your<br>Left       | 98<br>members       | Sneakers                                  |
| Ironman                         | 70.3                 | NETF<br>Free<br>Space | Goggles             | 140.6                                     |
| Gels or<br>Blocs                | Run fast             | Swim<br>buddies       | Brick<br>workouts   | Sprint                                    |
| Kits                            | Race<br>Wheels       | Sunscreen             | Swim<br>Bike<br>Run | Don't<br>swallow<br>the water!            |

# NETF BINGO

|                           |                |                                  |               |                          |
|---------------------------|----------------|----------------------------------|---------------|--------------------------|
| 98 members                | Run fast       | 35 podium wins                   | Race Wheels   | 70.3                     |
| Swim buddies              | Ironman        | Kits                             | Swim Bike Run | On your Left             |
| Sunscreen                 | Brick workouts | NETF Free Space                  | Sprint        | Gels or Bloks            |
| Swimming is good exercise | Sneakers       | Spin your legs                   | Water bottle  | Clip in                  |
| Goggles                   | 140.6          | Remember to take bathroom breaks | Aero Position | Don't swallow the water! |