

Weight control	African Americans	Fight	Support	Red meat and processed meats
Early detection	Vegetables and fruits	Second hand smoke	Age 50	Stress reduction
Use sun screen	Yearly mammograms	FREE	Breast Cancer	Pap test
Prostate Cancer	Survive	Quit using tobacco	Pamela	Remembering the deceased
PSA blood test	Do routine checks	Self-breast exam	find a cute	Family history

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Fight	find a cute	Red meat and processed meats	Do routine checks	Stress reduction
Prostate Cancer	Breast Cancer	FREE	Pap test	African Americans
Pamela	Self-breast exam	Weight control	Family history	Survive
Quit using tobacco	Remembering the deceased	Use sun screen	Vegetables and fruits	PSA blood test

Do routine checks	Self-breast exam	Age 50	Remembering the deceased	Breast Cancer
Weight control	Prostate Cancer	Quit using tobacco	Vegetables and fruits	Red meat and processed meats
Use sun screen	Family history	FREE	Survive	Pamela
Yearly mammograms	Stress reduction	Support	find a cute	Fight
Pap test	African Americans	Second hand smoke	Early detection	PSA blood test