

C	L	E	A	N
Strength	Addiction	Has fewer than 90 days clean/sober	Relapse	Mental Health Court
Co-occurring disorder	Self-help support group	Pain pills	Affirmations	Rock Bottom
Treatment	Better communication	FREE	Managing Anger	Meditation
Resentments	Memory loss	Positive coping strategies	Has finished Step 9th	Money problems
Celebrated a recovery milestone within the past week	Relationships	Family	Trigger	Has a sponsor

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Managing Anger	Addiction	FREE	Has finished Step 9th	Positive coping strategies
Has a sponsor	Strength	Family	Resentments	Celebrated a recovery milestone within the past week
Mental Health Court	High risk situation	Rock Bottom	Pain pills	Self-help support group

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Resentments	Has finished Step 9th	Treatment	Has a sponsor	Relapse
Relationships	Rock Bottom	Trigger	Memory loss	Better communication
Positive coping strategies	Affirmations	FREE	Managing Anger	Has fewer than 90 days clean/sober
High risk situation	Mental Health Court	Celebrated a recovery milestone within the past week	Addiction	Strength
Self-help support group	Pain pills	Meditation	Money problems	Family